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The Gathasaptasati is perhaps the oldest extant anthology of poetry from South Asia, containing our very earliest examples of secular verse. Reputed to have been compiled by the Satavahana king Hala in the second century CE, it is a celebrated collection of 700 verses in Maharashtri Prakrit, composed in the compact, distilled gatha form. The anthology has attracted several learned commentaries and now, through Arvind Krishna Mehrotra’s acclaimed translation of 207 verses from the anthology, readers of English at last have access to its poems. The speakers are mostly women and, whether young or old, married or single, they touch on the subject of sexuality with frankness, sensitivity and, every once in a while, humour, which never ceases to surprise. The Absent Traveler includes an elegant and stimulating translator’s note and an afterword by Martha Ann Selby that provides an admirable introduction to Prakrit literature in general and the Gathasaptasati in particular. NEW YORK TIMES BESTSELLER • Thought leader, visionary, philanthropist, mystic, and yogi Sadhguru presents Western readers with a time-tested path to achieving absolute well-being: the classical science of yoga. “A loving invitation to live our best lives and a profound reassurance of why and how we can.”—Sir Ken Robinson, author of The Element, Finding Your Element, and Out of Our Minds: Learning to Be Creative NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY SPIRITUALITY & HEALTH The practice of hatha yoga, as we commonly know it, is but one of eight branches of the body of knowledge that is yoga. In fact, yoga is a sophisticated system of self-empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy. A yogi lives life in this expansive state, and in this transformative book Sadhguru tells the story of his own awakening, from a boy with an unusual affinity for the natural world to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means “dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience life.” The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. Inner Engineering presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy. Although the word 'psychology' does not come up in this book, this early work by Osho shows his deep understanding of the subject and his attempt to make the connection between meditation and a modern understanding of psychology that includes the importance that our minds play in determining and giving direction, on many levels, to our lives. Osho has taught for many years that meditation is not a religious exercise but a scientific method to understand what the mind is, and how it works, and to learn how to create a healthy distance from what is, in many ways, a programmed and robot-like mechanism that seems to be dominating our lives and decisions and activities more and more – and not always in a positive way. As Osho has said so often, beginning many decades ago - that humanity is afflicted by a deep and fundamental insanity, and that we initiate each new generation of children into that madness - is now becoming more and more obvious. The children who refuse to be initiated into that madness will appear rebellious or mad to their elders, who persist with the best intentions to force them onto the same path, to participate in the same madness. "It is utterly dangerous to be sane in this world," Osho says. "A sane person has to pay a heavy price for his sanity." Osho pleads in this book for what he calls an independent mind, independent thinking – and challenges us to question our belief that we are already great independent minds, a belief based on the lack of understanding that our thoughts mostly come from others, like a computer program full of malware downloaded into our brains. "What I mean by the thinking state is that you should have eyes, what I mean is the ability to think on your own. But I don't mean a crowd of thoughts. We all have a crowd of thoughts within us, but we don't have thinking within us. So many thoughts go on moving within us, but the power of thinking has not been awakened." In his early days of teaching Osho ran meditation camps in which he introduced people into meditation, and his morning and evening talks created the framework of understanding for this work. This book is a fascinating record of one of these camps – in a short period of three days Osho introduces his participants to an understanding that our minds are running on malware programs – and he introduces meditation as an antivirus to clean our minds of the conditionings and indoctrinations that are preventing us from realizing our full potential and to be happy. “In the coming three days I will talk to you about the search for life...I must first say that life is not what we understand it to be. Until this is clear to us, and we recognize in our hearts that what we think of as life is not life at all, the search for the true life cannot begin.” “When you have something authentically your own in your mind, you start moving toward the soul. Then you become worthy, then you are able to know the soul. Until you have an independent mind, it is simply impossible for individuality to be born.” THE #1 NEW YORK TIMES BESTSELLER IS NOW A MAJOR-MOTION PICTURE DIRECTED BY RON HOWARD AND STARRING AMY ADAMS, GLENN CLOSE, AND GABRIEL BASSO "You will not read a more important book about America this year."—The Economist "A riveting book."—The Wall Street Journal "Essential reading."—David Brooks, New York Times Hillbilly Elegy is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The disintegration of this group, a process that has been slowly occurring now for more than forty years, has been reported with growing frequency and alarm, but has never before been written about as searingly from the inside. J. D. Vance tells the true story of what a social, regional, and class decline feels like when you were born with it hung around your neck. The Vance family story begins hopefully in postwar America. J. D.’s grandparents were “dirt poor and in love,” and moved north from Kentucky’s Appalachia region to Ohio in the hopes of escaping the dreadful poverty around them. They raised a middle-class family, and eventually one of their grandchildren would graduate from Yale Law School, a conventional marker of success in achieving generational upward mobility. But as the family saga of Hillbilly Elegy plays out, we learn that J.D.'s grandparents, aunt, uncle, sister, and, most of all, his mother struggled profoundly with the demands of their new middle-class life, never fully escaping the legacy of abuse, alcoholism, poverty, and trauma so characteristic of their part of America. With piercing honesty, Vance shows how he himself still carries around the demons of his chaotic family history. A deeply moving memoir, with its share of humor and vividly colorful figures, Hillbilly Elegy is the story of how upward mobility really feels. And it is an urgent and troubling meditation on the loss of the American dream for a large segment of this country. The feeling that it is five minutes to midnight is known to many by now, and is often referred to as the "Doomsday Clock." As the many crises faced by humanity and planet Earth gather and tumble toward an emergency, some have even reduced the time left to two and a half minutes. It is no wonder that we feel increasingly helpless and at a loss what to do. Osho calls Zen not a teaching but an alarm to wake us up, because as individuals we are all deeply asleep, and this sleep has to be shattered. “For centuries, you have been asleep. Sleep has become your nature. You have forgotten what awareness is, what to be awake means.” He wants us to wake up...before it is too late. Zen, more than any other religious or spiritual tradition, is relevant to such times as these, when none of our old approaches to solving problems will do. Immediate, urgent, and direct, Zen is not interested in answers or in questions, not interested in teaching at all, because it is not a philosophy. As Osho begins here, by quoting the great Zen master, Diae: “All the teachings of the sages, of the saints, of the masters, have expounded no more than this: they are commentaries on your sudden cry, ‘Ah, This!’” In this series of talks, Osho unfolds a selection of classic Zen stories and responds to questions. Along the way, we learn how the tools of Zen can be used to embrace uncertainty, to be at ease with not-knowing, to act decisively and with clarity and awareness. To "get woke," in other words, so that we can use each moment between now and midnight for transformation. The Everyday Osho provides brief daily meditations to build a life-changing year of practice. Everyday Osho features 365 short meditations that offer insights into living fully in the here and now. Each brief text is thoughtful and inspiring and the perfect length for starting a daily meditation practice. With topics that range from gratitude to nature to philosophy to love, Everyday Osho contains a full year of meditation and inspiration. For decades, the insights of Osho have delighted and challenged spiritual seekers. Everyday Osho offers readers daily encouragement to live fully, integrating body, mind, and spirit. Buddha Is Merciless. Nobody Has Ever Opened The Doors Of Reality So Deeply, So Profoundly As He Has Done. He Does Not Allow You Any Childish Desires. He Says: Become More Aware, Become More Conscious, Become More Courageous. Don'T Go On Hiding Behind Beliefs And Masks And Theologies. Take Your Life Into Your Own Hands. Burn Bright Your Inner Light And See Whatever Is. And Once You Have Become Courageous Enough To Accept It, It Is A Benediction. No Belief Is Needed. That Is Buddha'S First Step Towards Reality, To Say That All Belief Systems Are Poisonous; All Belief Systems Are Barriers. Osho Buddha'S Teaching Is A Way Of Life, Not A Way Of Belief. His Teaching Is Very Scientific, Very Empirical, Very Practical. He Is Not A Philosopher, Not A Metaphysician. He Is A Very Down-To-Earth Man. Buddha Says: You Can Change Your Life Beliefs Are Not Needed. In Fact, Beliefs Are The Barriers To Real Change. Start With No Belief, Start With No Metaphysics, Start With No Dogma. Start Absolutely Naked And Nude, With No Theology, No Ideology. Start Empty! That Is The Only Way To Come To Truth. Osho In spiritual teacher Osho's Aspects of Meditation Book 3: Awareness, the Key you'll discover a deeper understanding of meditation through an investigation into the subtle workings of the mind—transforming the unconscious through awareness. The West has taken to meditation with great enthusiasm. We contemplate. We concentrate. We embrace mindfulness techniques and a multitude of mantras. We have undertaken to “do” meditation. The Aspects of Meditation series is comprised of brief, precious texts in which Osho shows us the core of meditation is not about sitting silently or chanting a mantra. It is, instead, a question of understanding the subtle workings of the mind. In Book 3, Osho explores different states of unconsciousness and the ways in which they can transform awareness of the here

and now. In the 'Tantric Transformation' we are introduced to the sacred and ancient tradition of Tantra by a contemporary Tantric master, Osho. We are given a detailed map of Tantra: inner man, inner woman; the meeting of man and woman; the transformation of energy through sex, love and meditation. Based on the Royal Song of Saraha, we are not just introduced to an Asian sex tradition but with Osho we enter the higher levels of transformation. Here we find Tantra as a door to freedom: freedom from all mind-constructs, mind games; freedom from all structures and freedom from the other. Love and meditation merge and provide a path to liberation. 'Tantric Transformation' is a very alive, concrete book for exploration of our own energy, of our own inner space. You don't just read Osho, you undefine yourself. Reveals how meditation can promote inner peace through understanding, watchfulness and humor, explaining how to overcome mental obstacles to problem solving while promoting relaxation and creativity. By the author of The Book of Secrets. Original. 20,000 first printing. A provocative look at the pursuit of material success and influential power from one of the twentieth century's greatest spiritual teachers. "I want you to be rich in every possible way—material, psychological, spiritual. I want you to live the richest life that has ever been lived on the earth."—Osho Fame, Fortune, and Ambition: What is the Real Meaning of Success? examines the symptoms and psychology of preoccupations with money and celebrity. Where does greed come from? Do values like competitiveness and ambition have a place in bringing innovation and positive change? Why do celebrities and the wealthy seem to have so much influence in the world? Is it true that money can't buy happiness? These questions are tackled with a perspective that is thought-provoking, surprising—and particularly relevant to our troubled economic times. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. Osho is one of the best-known spiritual teachers of our time. The Sunday Times named him one of the '1,000 makers of the twentieth century'; the novelist Tom Robbins has called him 'the most dangerous man since Jesus Christ'. Nearly two decades after his death in 1990, the influence of his teachings continues to grow, reaching seekers around the world. This inspiring compendium of spiritual wisdom and insight offers a way for everyone to access the enlightening message of the Buddha as Osho offers his unique take on his teachings, with a wisdom and wit that make it a wonderful read. When you engage with Osho's writing, you feel as if he is speaking to you. His conversational style is fluid and engaging, and while his acute perception often comes as a delight and a surprise, his shrewd insights will stay with you always. Whether he is discussing a complex philosophy, or the teachings of a great mystic, Osho always approaches the subject with his own distinctively irreverent, thought-provoking and inspiring perspectives. Covering subjects including Belief, Responsibility, Relationships, Doing Good and the Power of Consciousness, this is a book that offers real insight into leading a more spiritual life now. No woman gets left behind Three best friends are going to solve their relationship woes once and for all One of the greatest spiritual teachers of the twentieth century shares his wisdom about building loving relationships in Intimacy: Trusting Oneself and the Other. "Hit-and-run" relationships have become common in our society as it has grown more rootless, less tied to traditional family structures, and more accepting of casual sex. But at the same time, there arises an undercurrent of feeling that something is missing—a quality of intimacy. This quality has very little to do with the physical, though sex is certainly one possible door. Far more important is a willingness to expose our deepest feelings and vulnerabilities, with the trust that the other person will treat them with care. Ultimately, the willingness to take the risk of intimacy has to be grounded in an inner strength that knows that even if the other remains closed, even if that trust is betrayed, we will not suffer any permanent damage. In this gentle and compassionate guide, Osho takes his readers step-by-step through what makes people afraid of intimacy, how to encounter those fears and go beyond them, and what they can do to nourish themselves and their relationships to support more openness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. Learn how to set yourself free with the philosophies of one of the twentieth century's greatest spiritual teachers in Freedom: The Courage to Be Yourself. In Freedom, Osho outlines three stages of freedom. The first is "freedom from," which is a freedom that comes from breaking out of what he calls the "psychological slavery" imposed by outside forces such as parents, society, or religion. The next stage is "freedom for," a positive freedom that comes from embracing and creating something—a fulfilling relationship, for example, or an artistic or humanitarian vision. And lastly there is "just freedom," the highest and ultimate freedom. This last freedom is more than being for or against something; it is the freedom of simply being oneself and responding truthfully to each moment. This book helps readers to identify the obstacles to their freedom, both circumstantial and self-imposed, to choose their battles wisely, and to find the courage to be true to themselves. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. A comprehensive and in-depth discussion of the human energy centers known as chakras. The book offers a unique understanding of how these centers, also referred to as "subtle bodies" can be identified and experienced, along with how they are related to personal transformation and health. In this volume, Osho gives an overview of the Eastern science of the subtle energy centers in the human body that are sometimes known as "chakras." It is a science that underlies traditional Chinese medicine, Indian Ayurveda, and the practice of kundalini yoga, among other disciplines that recognize the deep connection between mind and body. Osho also shows how these same principles apply to human psychological growth and maturation, and the evolution of consciousness. Self-help, Spirituality, Psychology, Meditation, Esoteric, New Age, Health, Yoga. The title will especially of interest to the large group of people involved with Yoga, as the book describes in simple terms, using everyday experiences as examples, what underlies the Kundalini Yoga approach to the human energy system. The Chakra Book delivers the 'esoteric science' and understanding in the context of personal growth and transformation. Discover your own deep well of wisdom in Intuition: Knowing Beyond Logic—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the "wishful thinking" that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual's natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. How do you find your original self? Osho perceives man as becoming increasingly alienated from his inner self, gradually losing his natural innocence and creativity in the mindless quest for worldly power and success. To appear strong, the average man suppresses his innate qualities of love and compassion. For Osho, the ideal man is Zorba, the Buddha—a perfect blend of matter and soul. This seamless collection of discourses takes the reader through the various stages of man's evolution: from Adam to Slave, Son, Homosexual, Priest and Politician, until he attains the pinnacle of his consciousness as the Rebel or Zorba. Sparkling with anecdotes and enriched with brilliant repartee, The Book of Man is a remarkable blend of wisdom and wit. The book offers a radically different approach to life and to seeing the world. Short excerpts from Osho are selected to inspire, to provoke, and to trigger a self-reflection that leads to change. It is easy to read but perhaps difficult to digest . . . in essence, it is a meditation book! "The truth that you will find — you will be surprised — is nowhere written, cannot be written. It is impossible to write it. It has never been uttered by anybody and it is not going to be uttered by anybody." You are looking at a bit of magic here. It is as though the vast ocean is contained in a very small volume. Open this book anywhere and you come upon such a depth of wisdom, such utter truth, that even just a sentence can be the start of a new way of looking at life, a new way of living life to the fullest. This is a lovely gift to yourself or to share with a friend. "I teach you to be authentic, integrated individuals with immense self-respect." — Osho In Life, Love, Laughter: Celebrating Your Existence, one of the twentieth century's greatest spiritual teachers shares how humor and wisdom strengthens our lives. In this collection of reflections, Osho's encouraging and loving stories go far beyond the usual chicken-soup fare. Life, Love, Laughter establishes a new genre of introspective text stripped of all platitudes and clichés, and absolutely in tune with the realities of the twenty-first century. In this artful work, Osho mixes entertainment and inspiration, ancient Zen stories and contemporary jokes to help us to find love, laughter, and ultimately, happiness. Featuring an original talk by Osho on DVD, you'll experience his direct insight and wit straight from the source. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. One of the greatest spiritual teachers of the twentieth century invites you on a journey through what makes human beings afraid—and how confronting fears strengthens us. In Fear: Understanding and Accepting the Insecurities of Life, Osho takes the reader step by step over the range of what makes human beings afraid—from the reflexive "fight or flight" response to physical danger to the rational and irrational fears of the mind and its psychology. Only by bringing the light of understanding into fear's dark corners, he says, airing out closets and opening windows, and looking under the bed to see if a monster is really living there, can we begin to venture outside the boundaries of our comfort zone and learn to live with, and even enjoy, the fundamental insecurity of being alive. Fear features a series of meditation experiments designed to help readers experience a new relationship with fear and to begin to see fears not as stumbling blocks, but as stepping stones to greater self-awareness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. What Is Love? In this thoughtful, provocative work, Osho—one of the most revolutionary thinkers of our time—challenges us to question what we think we know about love and opens us to the possibility of a love that is natural, fulfilling, and free of possessiveness and jealousy. With his characteristic wit, humor, and understanding, Osho dares us to resist the unhealthy relationship patterns we've learned from those around us, and to rediscover the meaning of love for ourselves. "By the time you are ready to explore the world of love, you are filled with so much rubbish about love that there is not much hope for you to be able to find the authentic and discard the false." By answering the questions that so many lovers face, Osho shares new ways to love that will forever change how you relate to others, including how to: • Love without clinging • Let go of expectations, rules, and demands • Free yourself from the fear of being alone • Be fully present in your relationships • Keep your love fresh and alive • Become a life partner with whom someone could continue to grow and change • Surrender your ego so you can surrender to love Being in Love will inspire you to welcome love into your life anew and experience the joy of being truly alive by sharing it. Extemporaneous talks given by the author at a meditation camp in Mahabaleshwar, India. Osho, one of the greatest spiritual thinkers of the twentieth century, explores the connections between ourselves and others in Love, Freedom, and Aloneness: The Koan of Relationships. In today's world, freedom is our basic condition, and until we learn to live with that freedom, and learn to live by ourselves and with ourselves, we are denying ourselves the possibility of finding love and happiness with someone else. Love can only happen through freedom and in conjunction with a deep respect for ourselves and the other. Is it possible to be alone and not lonely? Where are the boundaries that define "lust" versus "love"...and can lust ever grow into love? In Love, Freedom, and Aloneness you will find unique, radical, and intelligent perspectives on these and other essential questions. In our post-ideological world, where old moralities are out of date, we have a golden opportunity to redefine and revitalize the very foundations of our lives. We have the chance to start afresh with ourselves, our relationships to others, and to find fulfillment and success for the individual and for society as a whole. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. A first entry in a new series by the spiritual teacher and author of The Journey of Being Human describes how the natural freedom and creativity of childhood is typically sacrificed in favor of productivity, calling for more liberating approaches that enable parents to become aware of their own negative conditioning. Original. 20,000 first printing. A Simon & Schuster eBook. Simon & Schuster has a great book for every reader. One of the most important life events is falling in love, yet we never learn about it in school. Societies and religions force us into models and thought-forms that are often in opposition to an organic model of love, which is instead institutionalised by marriage, religious affiliations, and nationalism. This results in love that is, for most people, a painful challenge in one form or another throughout life. In these modern days, where the focus shifts more and more to realising one's individual potential, Osho helps us to direct our search for love by widening our view - showing us that love has many manifestations and is not limited to the 'other'. One manifestation of love is meditation, a life-changing experience that allows the flowering of real love within oneself and toward others. The Osho Life Essentials series focuses on the most important questions in the life of the individual. Each volume contains timeless yet contemporary investigations and discussions into questions vital to our personal search for meaning and purpose. The Osho Life Essentials series focuses on questions specific to our inner life and quality of existence; for example, is it possible to have an authentic spirituality without a belief in God? What is meditation and how does it work? What can I do as an individual to make the world a better place? Argues that many of the world's crises have been caused by the male-dominated society and its culture of ambition and greed, and encourages women, and men, to assert the feminine qualities of love and joy instead. After decades in which women have started to take control of their own lives and have stepped out of old roles and restrictions to become independent of men, the focus now turns to men. The question at hand is, "What now Adam? Men's liberation has not happened yet. Not only women but men also need a great liberation movement—liberation from the past, from the slavery of life-negating values and social conditionings that have been imposed upon them for thousands of years. "Man needs a new psychology to understand himself," says Osho, and the basic understanding that needs to be deeply imbibed and experienced is that no man is just male and no woman is just female; each man is both man and woman, and so is each woman - woman and man. Adam has Eve in him, and Eve has Adam in her. In fact, nobody is just Adam and nobody is just Eve: we are Adam-Eves. This is one of the greatest insights ever attained. But throughout history men have been conditioned to deny and reject their feminine qualities, to suppress their so-called "feminine" responses and feelings, and this has been reflected in the suppression of the female element in the outer world. Unless each man can start to discover his own inner woman, he is going to be tied up in a frustrating search for female qualities on the outside, in the outer woman. Each man needs to reintegrate his feminine qualities in order to become healthy and whole, complete within himself. Unless the individual man starts to come out of his robot-like, mechanical functioning and unawareness and begins to live his life with self-love, awareness, and deep respect for his real nature, there seems to be no chance that our world can escape global suicide. "Being a man or being a woman is an accident" says Osho. "Just like being a German or an Indian is an accident, being black or white is an accident – all of these things are not our choices - but you are lost in the accidents! You are too worried about them, your whole time and energy is wasted in them, and you become so occupied with the non-essential that the essential is forgotten." The essential for Osho is what he calls the being – simply the being – which is not accidental, but is destined. Rather than trying to figure out what it is to be a man, Osho suggests to find "that which is absolutely destined. That is

your nature, that is your essence.” In his playful and insightful way Osho looks at all of the different facets of the varying roles men play, showing how these qualities have shaped and influenced society. He shows how energies that are so often channeled into aggression and negativity can be transformed into creativity and personal evolution, and provides meditative techniques as a practical aid to moving through this process. The book functions as a mirror, using common archetypes to structure the wealth of material that is available from Osho on the subject of Men's Liberation. These archetypes - Adam, The Robot, The Beggar, The Lover, The Politician, The Gambler, The Creator, and so on - should not be understood as fixed types of character or personality but simply useful descriptions of certain tendencies, conditionings, and trained behavior patterns of the personality, common to all of us. As Osho indicates, our reality lies beyond all these stereotypes and categories. The archetypal concepts are used to help us recognize our particular mind-sets and then move beyond the mind's limitations and confinements. To go beyond the personality and discover the original face, the real and essential self. Principles of Management is designed to meet the scope and sequence requirements of the introductory course on management. This is a traditional approach to management using the leading, planning, organizing, and controlling approach. Management is a broad business discipline, and the Principles of Management course covers many management areas such as human resource management and strategic management, as well as behavioral areas such as motivation. No one individual can be an expert in all areas of management, so an additional benefit of this text is that specialists in a variety of areas have authored individual chapters. Contributing Authors David S. Bright, Wright State University Anastasia H. Cortes, Virginia Tech University Eva Hartmann, University of Richmond K. Praveen Parboteeah, University of Wisconsin-Whitewater Jon L. Pierce, University of Minnesota-Duluth Monique Reece Amit Shah, Frostburg State University Siri Terjesen, American University Joseph Weiss, Bentley University Margaret A. White, Oklahoma State University Donald G. Gardner, University of Colorado-Colorado Springs Jason Lambert, Texas Woman's University Laura M. Leduc, James Madison University Joy Leopold, Webster University Jeffrey Muldoon, Emporia State University James S. O'Rourke, University of Notre Dame On Zen Buddhist literature; includes selected text, translated into English. The book you hold in your hand or you are just ordering from an online store is a unique book. It is the first book by the contemporary mystic Osho. At the beginning of his public life, Osho who is at that time a professor of philosophy at Jabalpur University, introduces people to a new and unique understanding of meditation during experiential meditation camps. He speaks to the participants and responds to questions. This book is the first published records of Osho's first meditation camp in Rajasthan, India. In fifteen small chapters he gives a condensed presentation of his understanding of meditation which he then elaborates in many more talks and publications - but the essential message is already available in this book. Osho speaks to the individual, not to a collective, not the abstract collective of humanity, or a collective defined by religion or nationality or race but to individuals as the core element of existence. We used one of his opening comments as a longer quote on the front cover of the book as it seem so important "The individual is the unit of the whole and it is through him that both evolution and revolution can take place. You are that unit." Osho, mentions this book on several occasions in his later talks. When the second prime minister of India traveled to Russia, a copy of The Perfect Way was with him. And when someone in contact with Osho at the age of ninety stumbled upon The Perfect Way, he commented, “All my learning of the scriptures was futile, only this small book is enough.” In The Perfect Way the reader meets a human being who knows, but who also knows how to convey what he knows. His genius in full flight, he points us as far as one can with words toward the inner world of the self, toward the zone of silence. What starts on a hot summer day in the early 1960's will prove to be the first seed of a revolutionary experiment in the flowering of human consciousness – one which will eventually transform the lives of millions of people all over the world. “To be without thoughts is meditation,” Osho says. “When there are no thoughts, it is then we come to know the one hidden by our thoughts. When there are no clouds, the blue sky is revealed.” This book is page after page of blue sky. s there a difference between loneliness and aloneness? What purpose does anger serve? Does forgiveness set wrongs right? Why are you bored? These ideas and many more are addressed in Your Answers Questioned, a collection of brief, accessible investigations into a variety of shared assumptions about life-love and rela-tion-ships, intelligence and wisdom, politics and power, and more. Each text is a focused yet approachable inquiry that helps readers think about inner emotional questions by gently point-ing them in new and interesting directions. The entries are thoughtful, humorous, and sometimes surprising; all of them liberate the reader to consider the world in a different way, from a different angle. This collection of ideas to read, think about, and react to addresses all aspects of the inner life. Your Answers Questioned is the ideal gift for spiritually seeking people of all ages, and will delight anyone searching for a new way of looking at life. Today, humanity is caught up in the mad complexity of the mind, and as never before, there is an urgent need to rediscover simplicity and innocence. Osho brings to life the inherent and timeless wisdom of traditional Zen stories. He shows us that Zen is a way of dissolving philosophical problems, not of solving them. It is a way of getting rid of philosophy, because philosophy is a sort of neurosis. Zen is for those intelligent enough to understand the limitations of the intellect and ready to recognize the significance of intuition in the world of mysticism. In Living on Your Own Terms: What Is Real Rebellion?, one of the twentieth century's greatest spiritual teachers reveals how you can resist the rules and regulations that oppose your values while retaining your own individuality. “People can be happy only in one way, and that is if they are authentically themselves. Then the springs of happiness start flowing; they become more alive, they become a joy to see, a joy to be with; they are a song, they are a dance.”—Osho Decades after the rebellions of the 1960s, new generations are again challenging and rebelling against outdated structures and values, focusing on political and economic systems and their failings. But this generation has the opportunity and responsibility to move the development of human freedom to the next level. Osho's philosophies will support these future generations in expanding their understanding of freedom and pushing toward new systems for humanity. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. A Guide To Understanding The Essential Woman A Woman, According To Osho, Is A Mystery; Trying To Understand Her Is Futile. In This Book, Based On His Discourses, Osho Talks About Woman Not In His Capacity As A Man, But As A Consciousness, An Awareness . In Order To Find Her True Potential, He Says, A Woman Should Search Within Her Own Soul And Rebel Against Any Repression. Unless You Have A Rebellious Soul, You Are Not Alive In The True Sense Of The Word. Osho Talks About Various Issues Like Motherhood, Relationships, Family And Birth Control. Questioning The Concept Of Marriage, He Says It Is The Ugliest Institution Invented By Man As Its Aim Is To Monopolize A Woman. He Is Equally Critical Of The Institution Of Family Which Corrupts The Human Mind. A Woman, He Says, Should Not Imitate Man: Rejoice In Your Feminine Qualities, Make A Poetry Out Of Them. The Perfect State Of Being, According To Osho, Is A Synthesis Between The Head And The Heart, With The Heart Remaining The Master. The Rare Sensitivity Of Osho S Words Will Appeal To Both Men And Women.

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