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Focus on the Good Stuff The 5 Languages of Appreciation in the Workplace *My Book of Appreciation* Appreciation Motivation: How to Harness the Magical Power of Appreciation 52 Weeks of Gratitude *The 5 Languages of Appreciation in the Workplace* Thank You for Being the Best Cousin Thank You For Being The Best Auntie *Thank You For Being The Best Grandmother*. Gratitude Journal *Appreciations. [Extracts from Letters of Appreciation to the Carnegie Foundation.]*. *My Little Orange Book of Gratitude* *Appreciation - An Essay* Summary of The 5 Languages of Appreciation in the Workplace Testimonials of Appreciation to Herman Ridder and Henry Sackett *Gratitude and the Good Life* You Are a Genius Husband *My Little Green Book of Gratitude* Everyday Is Thanksgiving But Do We Give Thanks *Thanks! Begin Each Day with Gratitude Journal - Today I'm Thankful For... A Journey to Gratitude* The Psychology of Gratitude *The Power of Appreciation* Appreciate Thanks A Thousand The Vibrant Workplace Measurement of Appreciation in Poetry, Prose, and Art, and Studies in Appreciation The Art of Appreciation Little Book of Appreciation Sidetracked Lead with Appreciation I Donut Know What We Would Do Without an Employee Like You: Employee Appreciation Gift Journal (Purple) My Gratitude Journal I Donut Know What We Would Do Without an Employee Like You: Employee Appreciation Journal Perspectives on Gratitude The President of the United States Presents this Certificate of Appreciation to the American Philosophical Society for Outstanding Performance on the Occasion of the President's Visit to Philadelphia *Good Days*

Start with Gratitude Daily Gratitude Journal For Kids Single Men's Gratitude Journal

You may not realize it but simple, irrelevant factors can have profound consequences on your decisions and behavior, often diverting you from your original plans and desires. Sidetracked will help you identify and avoid these influences so the decisions you make do stick—and you finally reach your intended goals. Psychologist and Harvard Business School professor Francesca Gino has long studied the factors at play when judgment and decision making collide with the results of our choices in real life. In this book she explores inconsistent decisions played out in a wide range of circumstances—from our roles as consumers and employees (what we buy, how we manage others) to the choices that we make more broadly as human beings (who we date, how we deal with friendships). From Gino's research, we see when a mismatch is most likely to occur between what we want and what we end up doing. What factors are likely to sway our decisions in directions we did not initially consider? And what can we do to correct for the subtle influences that derail our decisions? The answers to these and similar questions will help you negotiate similar factors when faced with them in the real world. For fans of Dan Ariely and Daniel Kahneman, this book will help you better understand the nuances of your decisions and how they get derailed—so you have more control over keeping them on track. Enjoy this 52 weeks of daily gratitude journal for horse lovers. Use this 52 weeks of gratitude journal as a convenient way to quickly record what you are thankful for in your life. By taking a few minutes each day to consciously give thanks and acknowledge your appreciation, you open yourself to attracting abundance into all areas of your life. This journal helps you in your practice of gratitude. Each week has a two-page spread with days of

the week listed and lines for you to write one or two things you are grateful for each day. Size: 6 x 9 inches, glossy softcover. 104 Lined Pages (52 sheets) -- Each week has two pages with day-by-day writing space. Click buy and start your journey of appreciation. To see more journals (including this gratitude journal with different covers), click the Bold Visions link under the title at the top of this page. My Little Green Book of Gratitude is a 90 day journal and platform for you to evoke and cultivate an attitude of gratitude. It is a self-evocation journal designed for you to scan your life and be appreciative of life, be it the big things of life or the small and invisible ones. Many people struggle to take charge of their lives because they find themselves reacting throughout their day and engaging in busy work. This gratitude journal offers a framework that helps them to start their day with gratitude and intention, helping them to purposefully start living the lives they've always wanted. Engaging and using this gratitude journal will help them to engage better in relationships, improve physical, emotional and psychological health, increase mental strength, enhance empathy, improve self-esteem, and sleep better. Starting your day by focusing, remembering, thinking and writing things you are thankful for sets you up to starting your day on a high note and on your terms. Adapting the habit of starting your day with thankfulness will transform your life as that of the caterpillar to the butterfly. If you are up for it, team up with a friend and practice starting your mornings with gratitude together

You Are a Genius Husband is a book of ten amazing poems that is written in simple and romantic words to appreciate and motivate your husband. Each of the poems is prepared with the essential ingredients to remind your husband of the good times you had together and to motivate him for more. Also to appreciate him for the skills he has and express gratitude for the things he did for you. Every man desires to

have an appreciative and motivating wife. If you would like to express your feelings for the man you love, in words, this book is the perfect gift in which the words have the ability to make him relish your thoughts and feelings for him. Marriage is not between two bodies, but two souls. It leads to an eternal bond which is strengthened by the emotions of love and affection. A successful marriage is the result of husband's and wife's efforts and attitudes towards it. They say that true love stands close in good times and even closer during bad times. For a man, his wife is the closest woman in his life after marriage, and with her praise, appreciation and motivation, he can become a wonderful husband and make the relationship experience paradise on earth. The romance between a husband and a wife can stay forever, regardless of age and other circumstances. Love takes the center stage when two bodies bind in the holy relationship of marriage. But it is the friendship in the relation which smoothens the way to a happy ever after. 3 Every man has some basic good qualities which he is born with, like a loving nature and friendly attitude or being a sincere person, and when appreciated for those qualities, it makes him feel proud of himself and happy within. If you look carefully, you will comprehend that your husband has some exceptionally good qualities which make him unique and stand out from the crowd. When you, as his wife, accept him for who he is, appreciate him for his abilities and make him feel that he is your significant other, it will make your relationship beautiful and stronger. He will be delighted to be appreciated by you, his lovely wife, and will enjoy your magical words of appreciation. The essence of the book *You Are a Genius Husband* is to acknowledge your husband with beautiful and romantic words moulded into poems. Giving compliments and praising is a great way of supporting your man. The author believes that less is more and, hence, wrote this book in the

form of poems. It is easier to read and remember the lines and then read again and again. You can give this book as a token of appreciation to your husband. Reading one poem from the book every day will make him feel good, as he will feel your love and respect for him. Even if he has not exhibited the qualities described in the poems, this book will open his eyes to what he can do to make your married life beautiful and happy. Give Thanks and Prosper in Life because the world responds to praise It happens all the time: a leader reads a book or goes to a conference and learns great new ideas for their organization. But when they try to implement changes, nothing budes. Why? It's because work cultures are deeply rooted. Paul White knows this, and it's why he wrote *The Vibrant Workplace*: to give workplace leaders a thorough understanding of the most common obstaclesto change, plus the skills to overcome them. Pairing real-life examples with professional advice and research, White offers a guide to uprooting negativity and cultivating authentic appreciation and resiliency in the workplace. Any workplace can be healthy. It just takes knowledge of the issues and skills to navigate them, which is exactly what this book provides. Readers will be equipped to successfully overhaul their workplace environment and infuse it with authentic appreciation. This book provides clear and sometimes surprising answers to why gratitude is important to living well. The science of gratitude has shown much growth in the last ten years, and there is now sufficient evidence to suggest that gratitude is one of the most important components of the good life. Both correlational and experimental studies have provided support for the theory that gratitude enhances well-being. After providing a lucid understanding of gratitude, this volume explores the many aspects of well-being that are associated with gratitude. Moreover, experimental work has now provided promising

evidence to suggest that gratitude actually causes enhancements in happiness. If gratitude promotes human flourishing, how does it do so? This issue is addressed in the second section of the book by exploring the mechanisms that might explain the gratitude/well-being relationship. This book provides an up to date account of gratitude research and suggested interesting paths for future research, all while providing a theory of gratitude that helps make this information more understandable. This book is very valuable to gratitude investigators, as well as all who are interested in pursuing this line of research, students and scholars of emotion and well-being and instructors of positive psychology courses and seminars. The 5 Languages of Appreciation in the Workplace applies the love language concept to the workplace. This book helps supervisors and managers effectively communicate appreciation and encouragement to their employees, resulting in higher levels of job satisfaction, healthier relationships between managers and employees, and decreased cases of burnout. Ideal for both the profit and non-profit sectors, the principles presented in this book have a proven history of success in businesses, schools, medical offices, churches, and industry. Each book contains an access code for the reader to take a comprehensive online MBA Inventory (Motivating By Appreciation) - a \$20 value. The inventory is designed to provide a clearer picture of an individual's primary language of appreciation and motivation as experienced in a work-related setting. It identifies individuals' preference in the languages of appreciation. Understanding an individual's primary and secondary languages of appreciation can assist managers and supervisors in communicating effectively to their team members. Good Days Start With Gratitude is a 52 week guide journal. There is a variety of things that can conjure positive feelings of appreciation or gratitude.

Perhaps there was a moment that you can reflect on, that involved strong feelings of gratitude? Gratitude is an emotion similar to appreciation that most people are familiar with. What many people do not know is that gratitude plays an important role in several historical movements and that gratitude is now becoming an important part of psychology research, and especially positive psychology research. It is a self-exploration journal designed to focus on being thankful for what we have, the big things in life, as well as the simple joys. Each well-designed weekly spread contains an inspirational quote, space to write 3 things you are thankful for each day of the week, and a weekly checkpoint.

The 5 Languages of Appreciation in the Workplace: Empowering Organizations by Encouraging People by Gary Chapman - Book Summary - Abbey Beathan (Disclaimer: This is NOT the original book.) Make any workplace more encouraging and productive utilizing Dr Chapman's secrets. Optimal communication in the workplace is extremely important in order to obtain the most productive results. Any person should take note of the tips handed out in the book, especially if you are the boss because if you are not making your employees feel valued then you are not going to get great results. Learn how to create a team that feels valuable and gives input in the best way possible. (Note: This summary is wholly written and published by Abbey Beathan. It is not affiliated with the original author in any way) "When relationships are not nurtured by a sense of appreciation, the results are predictable." - Gary Chapman

Learn important aspects in workplace communication such as expressing genuine appreciation to your staff, minimize cynicism, create a positive work environment and increase your employees' loyalty towards the organization. There are more points that will be addressed in this book about how to properly communicate your thoughts. If your employees and co-

workers are not feeling valued it means you are not speaking the same language. Learn to be in sync with your team in this awesome title. P.S. The 5 Languages of Appreciation in the Workplace is an extraordinary book that teaches you everything you need to know about communicating in the workplace. P.P.S. It was Albert Einstein who famously said that once you stop learning, you start dying. It was Bill Gates who said that he would want the ability to read faster if he could only have one superpower in this world. Abbey Beathan's mission is to bring across amazing golden nuggets in amazing books through our summaries. Our vision is to make reading non-fiction fun, dynamic and captivating. Ready To Be A Part Of Our Vision & Mission? Scroll Up Now and Click on the "Buy now with 1-Click" Button to Get Your Copy. Why Abbey Beathan's Summaries? How Can Abbey Beathan Serve You? Amazing Refresher if you've read the original book before Priceless Checklist in case you missed out any crucial lessons/details Perfect Choice if you're interested in the original book but never read it before Disclaimer Once Again: This book is meant for a great companionship of the original book or to simply get the gist of the original book. "One of the greatest and most powerful gift in life is the gift of knowledge. The way of success is the way of continuous pursuit of knowledge" - Abbey Beathan This Gratitude Journal will help you start to appreciate what you have, even if today you think you have little or nothing. It is an adventure for 365 days, but at the end of this road your look at what and who surrounds you each day will be different. You will begin to notice small, everyday "miracles" around you and you will understand that it is these little "miracles" that make up the world that surrounds us. This is not an easy way, but it brings benefits. You will be spending time each day to write down what you are grateful for and summarize the last week once a week. It is a time you will

devote to yourself, for your own development, to become a happier, more sensitive and better person. This journal is created by a woman, but not only for women. It is the good helper for anyone who wants or needs to understand themselves and what surrounds them more. It is a large (8.5x11 inches) and comfortable diary in a soft and shiny cover. The notebook is available in many cover versions to please more people. All positions that I create are well thought out and from the heart. There are those that I would like to use myself, and their purpose is to help people. I hope you will also find it helpful for YOU ... Enjoy! HUMOROUS EMPLOYEE GIFT Give a small token of appreciation to your best employees with this funny donut notebook. Perfect for Employee Appreciation Day or Employee of the Month. 6X9 inch, 108 pages, lightly lined, matte softcover This early work by William Lyon Phelps was originally published in 1932 and we are now republishing it with a brand new introductory biography. 'Appreciation' is an essay about the how to appreciate the world and how to be content. William Lyon Phelps was born on 2nd January 1865, in New Haven, Conneticut, United States. Phelps earned a B.A. in 1887, writing his thesis on the Idealism of George Berkeley. He then gained an M.A. in 1891 from Yale and his PhD from Harvard in the same year. During his time a Yale, he offered a course in modern novels which brought the university considerable attention both nationally and internationally. Phelps published many essays on modern and European literature, including titles such as 'Essays on Modern Novelists' (1910), 'Some Makers of American Literature' (1923), and 'As I Like it' (1923). HUMOROUS EMPLOYEE GIFT Give a small token of appreciation to your best employees with this funny donut notebook. Perfect for Employee Appreciation Day or Employee of the Month. 6X9 inch, 108 pages, lightly lined, matte softcover Exercise your happiness

daily with a diary for gratitude filled with motivational quotes. In this journal for gratitude, you have the perfect chance to start appreciating life more through gratitude and happiness. Focus your attention on the good things in your life and remember the daily moments. All quotes in this journal for practising gratitude are non-religious so you can make your own life prayers even if you are not a believer! Gratitude is a feeling of appreciation for what one has. It is a feeling of thankfulness for the blessings we have received. Each day, write down three to five things that you are grateful for in this journal and turn your ordinary moments into blessings. The idea was deceptively simple: New York Times bestselling author A.J. Jacobs decided to thank every single person involved in producing his morning cup of coffee. The resulting journey takes him across the globe, transforms his life, and reveals secrets about how gratitude can make us all happier, more generous, and more connected. Author A.J. Jacobs discovers that his coffee—and every other item in our lives—would not be possible without hundreds of people we usually take for granted: farmers, chemists, artists, presidents, truckers, mechanics, biologists, miners, smugglers, and goatherds. By thanking these people face to face, Jacobs finds some much-needed brightness in his life. Gratitude does not come naturally to Jacobs—his disposition is more Larry David than Tom Hanks—but he sets off on the journey on a dare from his son. And by the end, it's clear to him that scientific research on gratitude is true. Gratitude's benefits are legion: It improves compassion, heals your body, and helps battle depression. Jacobs gleans wisdom from vivid characters all over the globe, including the Minnesota miners who extract the iron that makes the steel used in coffee roasters, to the Madison Avenue marketers who captured his wandering attention for a moment, to the farmers in Colombia. Along the way, Jacobs

provides wonderful insights and useful tips, from how to focus on the hundreds of things that go right every day instead of the few that go wrong. And how our culture overemphasizes the individual over the team. And how to practice the art of “savoring meditation” and fall asleep at night. Thanks a Thousand is a reminder of the amazing interconnectedness of our world. It shows us how much we take for granted. It teaches us how gratitude can make our lives happier, kinder, and more impactful. And it will inspire us to follow our own “Gratitude Trails.” When you show appreciation to others you improve loyalty and trust. People have a basic need to feel appreciated. People need to know you care. If you’re the leader, you can raise morale and create loyalty, job satisfaction, and motivation when you express appreciation to your staff for their efforts. You can invest in your employees now and “pay” them with sincere appreciation and achieve even better performance. Or you can “pay” later by seeing your team's performance sink and overall morale decrease. Sincere appreciation will motivate your team to a higher level and achieve more. Glorify God with gratitude, not grumbling. This 30-day journey will help you to see yourself how God sees you and enable you to experience new dimensions of joy and gratitude in your life. James Gills, MD, has devoted years of his life to restoring vision to thousands of individuals. Now, he unveils a special “eyesight” to you--one of a loving Creator who not only views you as “His” and loves you, but desires to have an intimate relationship with you. After reading this book, you will be able to do the following: Enter into a more satisfying life as you deepen your relationship with God Experience a more useful life as you live each day according to how He sees it Discover your destiny as you uncover His plan for your life through His Word Press on to where God is leading you renewed by the knowledge that He loves you more than you

can imagine and desires to bless you beyond measure. Emerge with exceeding gratitude that you are now aligned with the Creator's awesome plan for your life. Other Titles by Dr. James P. Gills God's Rx for Fear and Worry (2019) ISBN-13: 978-1629996431 God's Rx for Inner Healing (2019) ISBN-13: 978-1629996417 God's Rx for Depression and Anxiety (2019) ISBN-13: 978-1629996394 God's Rx for Health and Wholeness (2019) ISBN-13: 978-1629996370 This book aims at providing a firm basis of understanding for the practical skills of appreciation. Appreciation is treated here primarily as a form of percipience; as the enrichment of our capacity for awareness. The author discusses the various theories which have been advanced about the nature of aesthetic experience and offers an assessment of the contribution made by historical, sociological and technical information to appreciation. Gratitude, like other positive emotions, has inspired many theological and philosophical writings, but it has inspired very little vigorous, empirical research. In an effort to remedy this oversight, this volume brings together prominent scientists from various disciplines to examine what has become known as the most-neglected emotion. The volume begins with the historical, philosophical, and theoretical foundations of gratitude, then presents the current research perspectives from social, personality, and developmental psychology, as well as from primatology, anthropology, and biology. The volume also includes a comprehensive, annotated bibliography of research on gratitude. This work contributes a great deal to the growing positive psychology initiative and to the scientific investigation of positive human emotions. It will be an invaluable resource for researchers and students in social, personality, and developmental, clinical, and health psychology, as well as to sociologists and cultural anthropologists. A scientifically groundbreaking, eloquent

look at how we benefit -- psychologically, physically, and interpersonally -- when we practice gratitude. In Thanks!, Robert Emmons draws on the first major study of the subject of gratitude, of “wanting what we have,” and shows that a systematic cultivation of this underexamined emotion can measurably change people’s lives.”-- Write this book. My Book of Appreciation: A Journal is your gift to your future self, present self, child, spouse, best friend or parent. Each lefthand page contains a quotation about appreciating the world. On the righthand page you are prompted to date and write or draw about your gratitude, observations or feelings. An entry can be completed in 4-15 minutes to create your personalized book of thanks within a few weeks or months. Based on the #1 New York Times bestseller The 5 Love Languages® (over 12 million copies sold), Dramatically improve workplace relationships simply by learning your coworkers’ language of appreciation. This book will give you the tools to improve staff morale, create a more positive workplace, and increase employee engagement. How? By teaching you to effectively communicate authentic appreciation and encouragement to employees, co-workers, and leaders. Most relational problems in organizations flow from this question: do people feel appreciated? This book will help you answer “Yes!” A bestseller—having sold over 300,000 copies and translated into 16 languages—this book has proven to be effective and valuable in diverse settings. Its principles about human behavior have helped businesses, non-profits, hospitals, schools, government agencies, and organizations with remote workers. PLUS! Each book contains a free access code for taking the online Motivating By Appreciation (MBA) Inventory (does not apply to purchases of used books). The assessment identifies a person’s preferred languages of appreciation to help you apply the book. When supervisors and colleagues understand

their coworkers' primary and secondary languages, as well as the specific actions they desire, they can effectively communicate authentic appreciation, thus creating healthy work relationships and raising the level of performance across an entire team or organization. Take your team to the next level by applying The 5 Languages of Appreciation in the Workplace. Going beyond "positive thinking", the authors help readers turn their thoughts into feelings of appreciation and assurance. They shed new light on the connection between mind and moods, show how "depreciative thinking" saps our souls, and why the power of appreciation is the most important attitude needed today. Includes true stories, practical suggestions, and affirmations for daily living. Many people struggle to take charge of their lives because they find themselves reacting throughout their day and engaging in busy work instead of owning their day. This gratitude journal offers a framework that helps them to start their day with appreciation and intention, helping them to purposefully start living the lives they've always wanted. Engaging and using this thankfulness journal will help them to engage better in relationships, improve physical, emotional and psychological health, increase mental strength, enhance empathy, improve self-esteem, and sleep better. Practice your appreciation routines with this gratitude journal starting today. My Little Orange Book of Gratitude is a 90 day journal and platform for you to evoke and cultivate an attitude of gratitude. It is a self-evocation journal designed for you to scan your life and be appreciative of life, be it the big things of life or the small and invisible ones. Many people struggle to take charge of their lives because they find themselves reacting throughout their day and engaging in busy work. This gratitude journal offers a framework that helps them to start their day with gratitude and intention, helping them to purposefully start living the lives they've

always wanted. Engaging and using this gratitude journal will help them to engage better in relationships, improve physical, emotional and psychological health, increase mental strength, enhance empathy, improve self-esteem, and sleep better. Starting your day by focusing, remembering, thinking and writing things you are thankful for sets you up to starting your day on a high note and on your terms. Adapting the habit of starting your day with thankfulness will transform your life as that of the caterpillar to the butterfly. If you are up for it, team up with a friend and practice starting your mornings with gratitude together. The 'Thank You' gift book series provides the perfect opportunity to express your appreciation to friends, family, and loved ones. With guided questions, beautiful quotes, and space for bringing together memorable photos and moments, the 'Thank You' gift book is a highly unique and tailored gift beautifully presented in full color. The 'Thank You' gift book includes: - 25 Color Pages including guiding/prompting questions - Beautiful quotes about life and special moments - 3 Pages to include photos of special events and memories - A place to include extra notes and information as part of your gift - 6.69 x 9.61 inch with gloss cover for durability. The 'Thank You' gift book would make the ideal gift for birthdays, Christmas, Father's Day, Mother's Day, anniversary's and many other special occasions. Gift this book for someone special and let them know how much you appreciate them. Never forget to appreciate the little things in life with this humorous tiny book, featuring original artwork by Beryl Cook alongside funny pieces of advice. The 'Thank You' gift book series provides the perfect opportunity to express your appreciation to friends, family, and loved ones. With guided questions, beautiful quotes, and space for bringing together memorable photos and moments, the 'Thank You' gift book is a highly unique and tailored gift beautifully presented in full

color. The 'Thank You' gift book includes: - 25 Color Pages including guiding/prompting questions - Beautiful quotes about life and special moments - 3 Pages to include photos of special events and memories - A place to include extra notes and information as part of your gift - 6.69 x 9.61 inch with gloss cover for durability The 'Thank You' gift book would make the ideal gift for birthdays, Christmas, Father's Day, Mother's Day, anniversary's and many other special occasions. Give this book to someone special and let them know how much you appreciate them. Psychologists, philosophers, theologians and educationalists have all lately explored various conceptual, moral, psychological and pedagogical dimensions of gratitude in a rapidly expanding academic and popular literature. However, while the distinguished contributors to this work hail from these distinct disciplines, they have been brought together in this volume precisely in recognition of the need for a more interdisciplinary perspective on the topic. While further developing such more familiar debates in the field as whether it is appropriate to feel grateful in circumstances in which there is no obvious benefactor, whether it is proper to feel grateful to those who have benefited one only from a sense of duty and whether it makes sense to be grateful if so doing colludes with injustice, the essays in this collection explore a wide variety of fresh conceptual, psychological and moral issues. For example, in addition to identifying some new moral paradoxes about gratitude and seeking a generally more morally discriminating approach to gratitude education, relations are explored between gratitude and humility, forgiveness and appreciation and the religious and spiritual dimensions of the concept are also given much overdue attention. By drawing together serious academic engagement with the study of gratitude and a serious attempt to undertake this within an interdisciplinary

perspective, Perspectives on Gratitude will be of value to academics and graduate students in the fields of philosophy, psychology and theology, as well as other research-based disciplines. This guide will help you discover why cultivating an attitude of gratitude will yield many benefits: physical, mental and spiritual. Gratitude is a feeling of appreciation for what one has. Write down three things you are grateful for each day in this Gratitude journal and turn your ordinary moments into blessings. There is a weekly inspirational quote to help you begin each week on a positive note. Handy and cute portable size of 6" x 9" Wonderful colorful cover in a matte finish Take each day as a challenge and learn to be thankful for what you have and where you are. The 'Thank You' gift book series provides the perfect opportunity to express your appreciation to friends, family, and loved ones. With guided questions, beautiful quotes, and space for bringing together memorable photos and moments, the 'Thank You' gift book is a highly unique and tailored gift beautifully presented in full color. The 'Thank You' gift book includes: - 25 Color Pages including guiding/prompting questions - Beautiful quotes about life and special moments - 3 Pages to include photos of special events and memories - A place to include extra notes and information as part of your gift - 6.69 x 9.61 inch with gloss cover for durability The 'Thank You' gift book would make the ideal gift for birthdays, Christmas, Father's Day, Mother's Day, anniversary's and many other special occasions. Give this book to someone special and let them know how much you appreciate them. Written by a former professional baseball player whose career was ended with an injury to his pitching arm in the middle of his third season, Focus on the Good Stuff is filled with passion, authenticity, and humor. Author Mike Robbins offers a step-by-step program with exercises for overcoming negative influence and obstacles, creating a truly grateful

approach to life, and establishing an environment that can support success and peace of mind. Help create an attitude of gratitude each morning and tap into your highest-level self. Focus on gratitude, open an enhanced appreciation for what you already have each day. This gratitude journal is designed for you to be able to carry with you, wherever you go. Take a moment every morning to ground yourself for the day with self-exploration; this journal will help you align yourself with the Law of Attraction and move toward a more rewarding life. Gratitude, appreciation, and thankfulness, cultivate flow within the abundant universe. Write in your gratitude journal on a daily basis and start to watch your world move in a more positive direction. Whether you begin to note small victories, tiny miracles, or some simple pleasures, the act of thankfulness will produce more to be thankful for. Use the daily diary to elevate your level of appreciation. Each page has the following sections: Quote of the day; Today I am truly grateful for... Here's what would make today great...; I am...; Some amazing things that happened today... (x2) What could I have done to make today even better?; Whatever your journey is, use these daily prompts to build your gratitude-escrow and start to move inflow of the universe, shifting your current circumstances for the better. Write your observations, complete the questions and add a daily gratitude-rant if you like; the more you resonate with the vibration of appreciation, the more you will have to appreciate. The cover features original art by artist, Judy Block. Gratitude can transform common days into thanksgiving, turn routine jobs into joy and change ordinary opportunities into blessings." --William Arthur Ward Make Your Campus a Place Where People Want to Work Positive recognition and appreciation can transform your school from a place where people have to work into one where they want to work and enjoy bringing their best every day. And that

transformation starts with the leader! Your staff pours time and energy into learners every single day. As a busy PIRATE leader, you know that even the best crews need the direction of a great captain. But what does that look like? And how can you provide meaningful recognition and encouragement when your schedule is full and your budget is limited? In *Lead with Appreciation, a Lead Like a PIRATE Guide*, Amber Teamann and Melinda Miller offer practical and doable strategies to revolutionize your campus culture! "Teamann and Miller help leaders at all levels recognize that culture isn't something you think about just once; it has to happen regularly. It's an ongoing process!" --Shawn Achor, New York Times best-selling author of *Big Potential* and *The Happiness Advantage* "If you want to learn the keys to motivating and empowering your staff or developing relationships through service on a deeper level, you need to get this book immediately. I will be the first one in line!" --Salome Thomas-EL, award-winning principal, speaker and coauthor of *Passionate Leadership* "Lead with Appreciation is a gift to school leaders looking for ways to support and encourage their staff throughout the year." --Jessica Cabeen, principal, speaker, author of *Hacking Early Learning*, coauthor of *Balance Like A Pirate* "Lead with Appreciation puts action behind servant leadership theory. . . . I strongly encourage you to add this to your leadership library!" --Sanée Bell, EdD, principal, speaker, author of *Be Excellent on Purpose*

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